

Ward Vegetables

MEMBER BENEFITS

Being a member in the Ward Vegetables CSA means you have a wonderful variety of fresh, locally produced food for your eating pleasure. Member benefits include:

- FRESH SEASONAL PRODUCE ALL YEAR
- YOU ORDER WHAT YOU WANT, WHEN YOU WANT
- WEEKLY ONLINE UPDATES ON VEGGIES
- KNOWING HOW YOUR FOOD IS GROWN
- GETTING AND SHARING RECIPES
- VEGETABLES THAT ARE GROWN NATURALLY WITH NO CHEMICAL FERTILIZERS, HERBICIDES, FUNGICIDES, OR PESTICIDES ON THEM
- SUPPORTING LOCAL FARMING AND BUSINESS
- EATING HEALTHIER ALL YEAR LONG
- A MUCH MORE ENJOYABLE SHOPPING EXPERIENCE!
- A SAY IN WHAT WE GROW - IF YOU HAVE A VARIETY YOU WOULD LIKE US TO TRY WE WILL DO OUR BEST TO GROW IT FOR YOU



VEGGIES WE PLAN TO GROW

* SOME YEARS

GREEN BEANS

PROVIDER, DRAGON,
GOLDEN ROCKY, MAXIBEL

DRY BEANS*

MARFAX, CANNELINI,
KIDNEY, JACOB'S CATTLE

BEETS

DETROIT RED, CYLINDRA,
LUTZ, EARLY WONDER TOP

BROCCOLI*

SPRING RAAB

BRUSSELS SPROUTS**

NAUTIC

CABBAGE

GOLDEN ACRE, CARAFLEX,
RED EXPRESS,

CARROTS

NAPOI, DOLCIVA, PURPLE
HAZE, NELSON, MOKUM

CUCUMBERS

CHICAGO, MARKETMORE

EGG PLANT*

DIAMOND, PING TUNG LONG

EDIBLE FLOWERS

NASTURTIUM, MORE

GARLIC

CHINESE PINK, POLISH, AND
SCAPES

GREENS

MANY ASSORTED FLAVORS

HERBS

BASIL, CILANTRO, DILL,
PARSLEY, ROSEMARY,
TARRAGON, THYME, MORE

KALE

RED & WHITE RUSSIAN,
TOSCANO, VATES, MORE

LETTUCE

RED LEAF - RED FIRE
ROMAINE - 3 VARIETIES
BIBB - BUTTERCRUNCH
BERGAMS GREEN
SUMMER CRISP - MAGENTA

LEEKS

OKRA*

CAJUN JEWEL

ONIONS

YELLOW, WHITE, MORE

PARSNIPS*

LANCER

PEAS*

LINCOLN, HARBINGERS
SUGAR SPRINT

PEPPERS

SWEET NON-BELL
MILD, HOT, ASSORTED

POTATOES

ALL BLUE, FINGERLINGS,
PURPLE VIKING

RADISH

FRENCH BREAKFAST,
WATERMELON

SHALLOTS

SPINACH

BUTTERFLY, ABUNDANT
BLOOMSDALE

SQUASH - SUMMER

DARK STAR, SUCCESS PM,
PATTY PAN (VARIETY)

SWISS CHARD

FORDHOOK, RAINBOW,
SILVERADO, ORANGE, RUBY

TOMATOES

RANGER, BOX CAR
WILLIE, TOMATOBERRY,
CHEROKEE PURPLE

TURNIPS

HAKUREI

*ANTICIPATED

**IF PLANTED IN EARLY
SPRING, DEPENDING ON THE
WEATHER



YOUR SOURCE FOR FRESH,
CERTIFIED NATURALLY GROWN,
LOCAL VEGETABLES

WE SPECIALIZE IN GREENS!

WE ONLY USE CERTIFIED NATURALLY GROWN AND
SUSTAINABLE FARMING PRACTICES TO PRODUCE
OUR NUTRITIOUS AND HEALTHY
VEGETABLES FOR YOU AND YOUR FAMILY

WE GROW YEAR ROUND

HEALTHY SOIL + HEALTHY PLANTS = HEALTHY FAMILIES

ESTABLISHED 2007

ABOUT THE FARM

Our family has lived at the farm since 1978. At that time we were raising harness horses and growing hay and pasture for the horses and vegetables in a small garden for the family. Currently we have approximately two of our 80 acres in vegetable production. About 20 acres is being developed and will be dedicated to pasture and permaculture.

In 2007 we decided to get the property back to a working farm. Equipment was purchased and land worked up to expand the existing vegetable garden. In 2009 we developed a web-site for vegetable lovers to connect with us and started producing vegetables for our Community Supported Agriculture (CSA) members.

In 2018 we started growing **year round!** We have expanded our hoop house production with the addition of two new structures and have approximately 6,000 square feet under cover. Year round local food in Big Rapids, Michigan!

Please contact us at 517-745-5913 or e-mail at wardvegetables@gmail.com if you have questions. We would love to hear from you. Or better yet, stop out to The Farm for a visit and see how your vegetables are grown - naturally!



Before - 1978



After - 2012



Ward Vegetables

FRESH VEGETABLE PROGRAMS

COMMUNITY SUPPORTED AGRICULTURE:

The concept of the CSA has been around for many years. In essence, the CSA member buys a share of the year's harvest from the farmer. The member is sharing the same risk as the farmer but usually reaps the reward of the harvest.

TYPES OF CSA MEMBERSHIPS

- **Salad Bar Share** - the Salad Bar share offers you a 20% discount on all vegetable purchases
Year Round Pickup \$500
- **Good Veggies Share** - the Good Veggies share offers you a 15% discount on all vegetable purchases
Year Round Pickup \$300
- **Keep It Local Share** - the Keep It Local share offers you a 10% discount on all vegetable purchases
Year Round Pickup \$100

Retail - there are times when we have an abundance of produce and contact interested folks about purchasing these wonderful veggies.* If you are interested in being on this e-mail list please contact me at wardvegetables@gmail.com

*PRICED BY OUNCE, BAG, POUND, OR BUNCH

CSA DISTRIBUTION - YEAR ROUND HOURS

- At The Farm
Tuesday & Wednesday
4:00 to 6:00 p.m.

With our CSA, the member determines their season and what they have in their basket along with how often they order and pick up.

A weekly update is sent to the CSA membership of what is available, orders are taken Thursday thru Sunday evening and pickup is Tuesday and Wednesday. Your share payment pays for all of your veggies until your account is empty.

RETAIL - FRESH VEGETABLES: CASH OR CHECK

- At The Farm
Tuesday and Wednesday
4:00 to 6:00 p.m.

HOW WE GROW OUR VEGETABLES

Ward Vegetables is **Certified Naturally Grown (CNG)**, we grow all of our vegetables using organic principles. We do not use any chemical fertilizers, herbicides, fungicides or pesticides, **no cides** at all.

We believe it is important to continually build the soil and use farming practices that make minimal impact on the land.

The result is something you can see and taste. Our vegetables are amazing!

