

2020 CSA Member Information

Ward Vegetables grows healthy, nutrient dense, local vegetables, **year round**. This season is our 13th year of growing vegetables and operating the CSA and our 3rd year of offering vegetables year round. As a member, all you have to do is purchase the foods like lettuce, salad mix, cool season greens, warm season veggies and a variety of root crops from the farm (see all your choices and prices below). By being a member of our Community Supported Agriculture (CSA) program, you have the option to choose when you order, the vegetables you want to eat, and when you pick up those wonderful veggies.

Our **CSA** still requires you to be a **member** but does not require you to commit to picking up weekly, you only pick up when you order produce. With this very customized model you are able to order the veggies you want to eat and determine when you use your CSA year round! The CSA model works like a debit card, you pay your membership fee, then order the vegetables you want then pick them up when you want them and we deduct the cost from your balance. And you can rejoin at any time!

In the past we have done retail sales at the farm on pickup days. Starting in 2020 we will no longer be offering retail vegetables at the farm. We will only be a member based CSA. Retail is hard to predict when looking at volume needed on a given week, which leads to waste. If you purchased retail in the past our **Keeping it Local** membership may fit your fresh produce needs. We have a membership spot available just for you!

We have three levels of **membership** for you to choose from:

- **Salad Bar Membership** - requires a membership fee of \$500 and offers the member a 20% discount on all vegetable purchases, so you are getting \$600 worth of veggies
- **Good Veggies Membership** - requires a membership fee of \$300 and offers the member a 15% discount on all vegetable purchases equalling \$345 in value
- **Keeping It Local Membership** - requires a membership fee of \$100 and offers the member a 10% discount on all vegetable purchases which gives you \$110 worth of veggies

Each month you will receive a statement of what you have purchased and your remaining balance. When you run out of your membership you have the option of re-joining or joining again at a different time. If you rejoin, any balance you have remaining on your previous membership will be moved to your new balance.

The following vegetables (based on temperatures and sunlight) are available throughout the year. Also, we introduce new products each year so some may not be listed on this sheet.

Product	Size/Vol	Cost/Season(s)
● Salad Mix -	5.5 oz bag,	\$6.00, mix of lettuce and 5 to 7 other ingredients, year round
● Red/Green Lettuce -	7 oz bag,	\$5.00, year round
● Romaine -	1 Head,	\$3.00, spring, summer, fall
● Micro Greens -	2 oz bag,	\$3.50, year round
● Arugula -	2 oz bag,	\$2.00, year round
● Mustard -	2 oz bag,	\$2.00, year round
● Sorrel -	2 oz bag,	\$2.00, year round
● Asian Greens -	2 oz bag,	\$2.00, year round
● Bunching Asian Greens -	10/bunch,	\$3.00, year round
● Baby Swiss Chard -	2 oz bag,	\$2.00, spring, fall
● Bunching Swiss Chard -	10/bunch,	\$3.00, summer, winter
● Baby Kale -	2 oz bag,	\$2.00, year round
● Bunching Kale -	10/bunch,	\$3.00, fall, winter
● Leaf Broccoli -	10/bunch,	\$3.00, year round
● Bunching Beet Greens -	10/bunch,	\$3.00, summer, fall, winter
● Bok Choi -	1 Head,	\$2.00, year round

• Spinach -	3 oz bag,	\$3.00, spring, fall, winter
• Herbs - wide variety		.75/oz, grown by Grounded Roots Farm
• Edible Flowers -	10-15/bag,	\$1.00, summer, fall
• Beans - variety	1 lb bag,	\$3.00/lb, summer, fall
• Beets -	3-4/bunch,	\$3.00, summer, fall, winter
• Broccoli -	3/bunch,	\$3.00, spring, fall, winter
• Cabbage -	1 Head,	\$3.00/cabbage, spring, summer, fall
• Carrots -	6/bunch,	\$3.00, year round
• Cucumbers -	1 indivd	\$.75/cucumber, summer, fall
• Eggplant -	1 indivd	\$2.00/eggplant, summer, fall
• Garlic -	1 bulb,	\$1.00, spring, summer, fall, winter
• Leeks -	3/bunch,	\$2.00, spring, fall
• Bunching Onions	6/bunch,	\$2.00, spring, early summer, fall
• Yellow Onions -	1 lb/bag,	\$2.00/lb, fall, winter, spring (minimum charge is 1 lb)
• Parsnips -	1 to 2,	\$1.00, fall, winter
• Sugar Peas -	3 oz bag,	\$2.00, spring, summer, fall
• Peppers - wide variety	1 indivd	\$.50/pepper, summer, fall (you choose sweet or hot or both)
• Radishes -	10/bunch,	\$1.50, year round
• Rhubarb -	1 lb/bunch,	\$3.00/lb, spring
• Shallots -	1 to 2,	\$1.00, fall, winter
• Summer Squash -	1 indivd	\$ 0.75/squash, summer, fall (patty pan, zucchini, yellow)
• Tomatoes -	Avg. 3 - 4,	\$2.00/lb summer, fall, grown by Grounded Roots Farm
• Tomatoberry -	15/bag,	\$2.00, summer, fall
• Turnips -	3/bunch,	\$3.00, spring, fall, winter

As with any CSA, the member assumes some of the risk of growing vegetables with the farmer. You are purchasing your share prior to all crops being planted and the farmer knowing exactly what Mother Nature might have in store for us in any one season, If for some reason (mostly Mother Nature) multiple crops fail your membership can be applied to the next "season" when vegetables are growing or ***you can sell your share to someone who may be interested in joining our CSA.*** We do not offer a refund.

The ordering process happens Thursday thru Sunday with pickup taking place on Tuesday and Wednesday. On Tuesday and Wednesday, pickups are between **4:00 and 6:00 p.m.** unless other arrangements have been made with Farmer John. If you order vegetables and do not pick them up your **account** will still be **debited**. We hold your vegetables for one day and then either sell them to an interested party or compost them.

We also partner with other farms in our area to have their products available during your pickup. If you choose, there are **pastured meats** (Beef, Pork, Lamb, Chicken available by individual package or through a share) and local **honey** by the quart, pint, or ½ pint from **Provision Family Farms**. Raw Milk and raw milk product **herd shares** and open range **eggs** from **Under the Maples** farm. Fresh baked **Breads** from Baker Robin. And **jam** and **vinegar** from **Ward Orchards**, just down the road. ***None of the above products are included in the Ward Vegetables share*** but are available for purchase during your pickup. We coordinate with these farms to have their products here during your regular pickup.

Thank you for your interest and please let me know if you have any questions. The CSA takes new members year round. We are currently limited to 40 members and will be accepting 20 new members starting in February of 2020.

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